


Viewcrest Health Center			Volunteers Needed: 6
VOLUNTEER POSITION		AGES	WEBSITE
Incredible Exchange Volunteer		13-14-15	www.sfhs.org
LOCATION	VOLUNTEER TIME NEEDED:		
Viewcrest Health Center 3111 Church Place Duluth, MN 55811	Mon. 9 am to 8 pm	Fri. 9 am to 8 pm	
	Tues. 9 am to 8 pm	Sat. 9 am to 8 pm	
	Wed. 9 am to 8 pm	Sun. 9 am to 8 pm	
	Thurs. 9 am to 8 pm		
VOLUNTEER ACTIVITIES			
Assist Viewcrest Activity Staff with groups such as: arts & crafts, bingo, music, water balloon toss, gardening, watering plants, trivia and more! Also may need assistance on outings such as fishing. Will also be assisting residents via their wheelchairs to/from activities.			
SCHEDULING AND AVAILABILITY			
Volunteers should plan to work 2-4 hour shifts.			
VOLUNTEER QUALIFICATIONS		RESTRICTIONS AND REQUIREMENTS	
Volunteer must: <ul style="list-style-type: none"> – Be responsible, dependable, and able to take direction and supervision – Be flexible, non-judgmental, and courteous to others.. – Want to meet new people and be a good listener. 		.RESTRICTIONS <ul style="list-style-type: none"> -required to sign a confidentiality form and attend a volunteer orientation at Viewcrest -Parents are encouraged to attend the Viewcrest orientation -must provide own transportation to/from Viewcrest -no sandals or flip-flops 	
THINGS TO CONSIDER			
-flexible hours are available, 7 days a week!			
CONTACT INFORMATION:			
Contact	Mentor(s)	Phone	E-mail
Denise LaGraves	Denise LaGraves	218-279-4210	dlaGraves@viewcrest.sfhs.org